

The SHIP Lathom

GLUTEN FREE MENU

Desserts

Vanilla Crème Brulee with Fresh Fruit £6.50

Summer Fruit Crumble, Stewed Apple, Rhubarb & Mixed Fruit, Peanut Butter Crumble, Vanilla Soya Yoghurt (Vegan) (GF) £6.50

Fruit Sorbet, Fresh Mint & Summer Berries (Vegan) (GF) £5.00

Cheese Board to Share

Choose any 3 from: *Brie, Lancashire, Mature Cheddar, Stilton or Goats Cheese*
Apple Celery, Chutney & gluten free biscuits £9.50

Mrs Dowson's Ice Cream & Sorbet 1 Scoop £2.50 | 2 Scoops £4 | 3 Scoops £5.50

Hot Drinks

Americano	£2.75	Cappuccino	£2.95
Espresso	£2.75	Flat White	£2.95
Latte	£2.95	Hot Chocolate	£2.95

Add a Flavoured Shot 25p (*Ask staff for available flavours*)

Tea For 1 £2.00

Liqueur Coffee £5.25

Choose from: *Jamesons Whiskey, Baileys, Tia Maria, Cointreau, Amaretto, Captain Morgan's Rum, Courvoisier Brandy*

The Ship at Lathom, 4 Wheat Lane, Lathom, West Lancs, L40 4BX
Telephone: 01704 893 117 | info@shipatlathom.co.uk | www.shipatlathom.co.uk

All our food is cooked to order using the freshest ingredients, therefore please be advised cooking times may vary.
If you like your food a bit plainer, most dishes can be simplified to your tastes.

All prices are inclusive of VAT. All items are subject to availability. Ice cream not suitable for lactose intolerant persons. *Approx weight uncooked. All fish dishes may contain bones. (v) These dishes are suitable for vegetarians.
Whilst we take every care to preserve the integrity of our vegetarian products, we must advise these products are handled in a multifunctional kitchen environment. All our products may contain seeds, traces of nuts or nut derivatives.

**GLUTEN
FREE
MENU**

Lancashire Tapas Perfect as a Bar Snack or Try a Couple as a Starter
 Jerk Style Goosnargh Chicken Wings, Tomato & Sweetcorn Salsa £4.50
 Caramelised Red Onion Hummus, Crudités £4.00
 Olives and Feta £4.00

Starters

Soup of The Day (gluten free bread) £4.95
 Haddock Goujons, Grilled Haddock Goujons, Dressed Leaf, Lemon Aioli £7.50
 Grilled Chicken Goujons, Julienne of Vegetables, Toasted Peanuts & Sweet Chilli Dipping Sauce £7.50
 Sautéed King Prawns & Picante Chorizo, Garlic Butter, Leaf Salad & gluten free bread £8
 Cauliflower Bhaji, Local Leaf Salad, Soya Yoghurt Raita (Vegan) £6
 Chicken Liver & Madeira Parfait, Mulled Red Onion Chutney, Herb Butter & gluten free bread £6.95

Salads + Vegetarian

Chicken Caesar Salad, Pan Fried Chicken Breast Strips, Cos Lettuce, Garlic and Olive Oil, Grana Padano, Anchovies, Classis Caesar Dressing **£12.50**
 Bean Chilli Mixed Beans, Spiced Tomatoes, Braised Rice, (Vegan) **£9.50**
 Sweet Potato, Coconut & Tomato Curry, Braised Rice (Vegan) **£12.00**

The Ships Pub Classics

Haddock & Chips Grilled haddock Fillet, Twice Cooked Chips, Mushy Peas & Tartare Sauce **Standard £11.50 | Large £14.00**
Pan Seared Lambs Liver, Creamed Potatoes, Red Onion Gravy, Parsnip Crisps **£12.00**
Clarkson's Gammon, 8 oz Dry Cured Gammon Steak, Fried Egg, Roasted Tomato & Pineapple, Choice of Potato & Seasonal Vegetables **£12.95**

SHIPS SPECIALITIES

Roasted Salmon Fillet, Pan Roasted Salmon Fillet, sautéed potatoes, Julienne of Asian Vegetables, Hot & Sour Sauce **£16.00**
Simply Cooked Salmon / Chicken Supreme, Choice of potatoes, Seasonal Vegetables or Salad **£11.00**
Taste of Pork, Confit Belly Pork, Crackling, Rosemary Creamed Potatoes, Spinach & Honey Roasted Carrots, Apple Puree, Red Wine Jus **£16.00**
Goosnargh Chicken Breast, Pan Roasted Chicken Breast, Sweet Potato Puree, Pancetta, Confit Garlic Potatoes, Summer Greens, White Wine Sauce **£15.50**

Burgers

All Served on a Toasted Gluten Free Bun with Onion Rings, Twice Cooked Chips or Fries & 'Slaw'

Gourmet Burger, 8oz Beef Burger, Gem Lettuce, Beef Tomato, Gherkin **£12.50** Add Cheese or Bacon | £1 each
Smokey BBQ Burger, 8oz Burger, Smoked Bacon, Smoked Cheese, BBQ Sauce **£14.00**
Lancashire Burger, 8oz Burger, Local Bacon, Lancashire Cheese **£14.00**
Halloumi Burger, Grilled Halloumi Burger, Spiced Salsa, Gem Lettuce, Beef Tomato & Gherkin **£11.50**

Sandwiches

Add Hand Cut Chips or Skin on Fries for £2

Served on a Choice of gluten free White or Brown Bloomer, Local Leaf Salad & Ship's 'Slaw'
Seared Rump Steak, Fried Onions and Cheddar or Blue Cheese **£11.50**
Smoked Bacon & Brie, Caramelised Onion **£8.50**
Mediterranean Vegetable, Goats Cheese & Pesto **£8.50**
Chicken & Bacon Club, Lettuce, Tomato, Mayonnaise **£8.50**

PUB BUTTIES *Served on White Bloomer*

Hand Cut Chip Butty **£4.00**
Smoked Bacon Butty **£4.50**

Sides

Fries	£2.95	Mushy Peas	£1.75	Seasonal Vegetables	£3.50
Twice Cooked Chips	£2.95	Creamy Mashed Potato	£2.95	Ship's 'Slaw'	£1.95
Buttered New Potatoes	£2.95	Dressed Side Salad	£3.50	Bowl of Mixed Olives	£4.00