

GLUTEN FREE MENU

STARTERS

- Soup of the Day and Gluten Free Bread £4.95
Chicken Liver & Madeira Parfait, Herb Butter, Dressed Leaf, Red Onion Chutney, Gluten Free Bread **£6.95**
Sautéed King Prawns & Mussels, Garlic Butter, Gluten Free Bread **£7.95**
Grilled Chicken Goujons, Soy, Ginger & Chilli Dressed Salad, Toasted Peanuts **£7.50**
Honey & Thyme Baked Brie, Gluten Free Bread, Red Onion Chutney **£6.95**
Bowl of Mixed Olives (Vegan) **£4.00**

LANCASHIRE TAPAS

- Boneless Chicken Thighs, Garlic & White Wine Cream Sauce **£4.00**
Causeway Cauliflower Bhaji, Soya Yoghurt Raita (Vegan) **£3.50**
Beetroot Hummus, Toasted Gluten Free Bread (Vegan) **£4.00**
Grilled Halloumi, Dressed Leaf, Lancashire Sauce Mayo (V) **£4.00**
Smoked Salmon & Dill Pate, Gluten Free Bread **£4.00**

ORDER ANY 3 AS A BARGE BOARD FOR £10.50

MAIN COURSES

Clarkson's 8oz Pork Chop, Sage Creamed Potatoes, Spinach, Chantenay Carrots, Crackling, Apple Puree & Jus **£15.50**

28 Day Matured Scott's Rump Steak, Served with Twice Cooked Chips & Dressed Side Salad
6 oz **£13.50** | 10 oz **£17.95**

Baked Haddock Fillet, Twice Cooked Chips, Mushy Peas & Tartare Sauce
Standard **£10.95** | Large **£13.95**

8 oz Dry Cured Thick Cut Clarkson's Gammon Steak, Fried Egg, Grilled Tomato & Pineapple, Twice Cooked Chips & Seasonal Vegetables **£12.95**

BURGERS

Both Served In a Gluten Free Bun with Twice Cooked Chips & Slaw

Burgers are Served in a Gluten Free Bun with Twice Cooked Chips & 'Winter Slaw'

The Ships Gourmet Burger; 8oz Beef Burger, Baby Gem Lettuce, Beef Tomato & Gherkin **£10.95**
Add Cheese or Bacon **£1** each

Smokey BBQ Burger; 8oz Gourmet Burger, Smoked Bacon, Smoked Cheese, BBQ Sauce **£12.95**

SALADS & VEGETARIAN

The Ships House Salad; Local Leaf, Cherry Tomatoes, Toasted Pinenuts, Feta Cheese, Pesto Dressing **£9.00**

Mixed Bean Chilli; Fragrant Rice & Guacamole (Vegan) **£9.50**

Winter Salad; Whipped Goats Cheese & Beetroot, Toasted Walnuts, Local Leaf, Honey & Mustard Dressing **£10.50**

Tagine; Aubergine & Courgette Tagine, Cauliflower Fritter, Toasted Almonds & Crispy Kale (Vegan) **£10.50**

Add Chicken Strips **£3** | Halloumi **£3** | King Prawns **£4**

SANDWICHES

Our Core Menu Sandwiches are Gluten Free, Served on Gluten Free Bread with Twice Cooked Chips & The Ship's 'Slaw' (Excluding Fish Finger Butty)

PUB BUTTIES

Served on Gluten Free Bread
Hand Cut Chip Butty **£3.95**
Smoked Bacon Butty **£4.50**

DESSERTS

ICE CREAM

1 Scoop **£2.50** | 2 Scoops **£4.00** | 3 Scoops **£5.50**
Please ask a member of staff for today's available flavours.

WINTER CRUMBLE

Stewed Apples & Winter Berries, Peanut Butter Crumble, Vanilla Soya Yoghurt (Vegan) or Custard **£6.50**

Please make a member of staff aware of any other intolerances when placing your order

